



Bring on the Music!

Plans are now well underway for the inaugural Carnock and Gowkhal RAMJAM - a day of music in the village. Thanks to a grant from celebrating Fife 2010 and a lot of behind the scenes wheeling and dealing the 19th June is set to be quite a day. A marquee has been booked, as have a number of bands. There will be a bar and food. With the first band at 2pm and the event finishing at 10pm there will be music for all so come along and be a part of the fun!
tickets at £5 for adults and £2 for children on the gate.

URGENT

Volunteers Needed - In order to run this massive musical event we need stewards to help on the day. The Gala Committee have agreed to run the bar - can you help? Please contact Les Johns via the editors details on the back page.

So who's playing?

Strawberry fields - a 60s cover band from Edinburgh,

Shamanic - Shamanic are a four-piece rock band based around Dunfermline. After playing together for almost ten years they have built up a reputation as one of the best covers band in Scotland. They have played all over the country and are available for all types of gigs, including weddings, festivals, pubs and special functions.

Luz da Lua are made up of musicians from England, Perth, Edinburgh and Fife. They blend piano, violin, bass and drums to produce enchanting music. Their name translates from Portuguese as "moonlight."

Fiona Crawford and **Stef Bullard** - acoustic singer / songwriters.

State of Emergency - formed by twin brothers Robert and Richard Forrester (guitar and vocals), and friends Dean McIntyre and Brian Strachan (bass and drums). Things show no sign of settling down with the release of their debut album, 'Sleeping Dreams'.

Val verde - A Dunfermline band that are really worth listening to.

Father Jack - A 4 piece band with members that live in Carnock - they play a variety of popular Rock.

There have been calls from some local residents for an improvement in the hedging and verge on the eastern approach into Carnock. C&GCC are in discussion with Fife Council Parks & Countryside to see what can be done to add more beech hedging alongside the rather bland fencing at Queens Haugh. Of course, more greenery there means more maintenance – and that means more cost to Fife Council and we all know what the answer to that is... Nevertheless, we need more direct pressure from residents to ensure that continuing small improvements are made in our community.

After discussion with various organisations it has been decided that this newsletter will be issued on a 3 monthly basis in March, June, September and December

Community project ideas – What do you want to see?

Here is a list of topics already collected from Carnock & Gowkhal residents. Give us your ideas [Send them to the Newsletter editor – see below for contact details].

One-off community locality improvements and investments

- Carnock Churchyard – restoration [in hand]

C&G Community Leisure Centre

- Echo-Reverberation solution [urgent]
- Broadband line installation [employee communication: expand event use - important]
- Gardens upgrade and fencing repair
- Combined-use hospitality-leisure-play area: fenced, paved,
- Security lighting upgrade

- Recycling area – fencing repair and kerb reshaping
- Possible longer-term capital acquisitions [hire for now]
 - Sound equipment
 - Staging
 - Marquee

Carnock Play Park

- Repair, access, drainage
- Zoning: memorial garden; adult exercise; children's play-exercise; 'Tiny-Tots' cycle circuit; designated dog exercise areas

Gowkhal Play Park

- Zoning: adult exercise; children's play-exercise; designated dog exercise areas

Footpath improvements and extensions - Incorporating sections of the Fife Core Path Plan

Footpath renovation – Carnock Primary School-Queens Haugh

New paths and existing rights of way:

- Curling rink footpath – Carnock-Gowkhal
- Clune drove road footpath – Gowkhal-Craigluscar
- Carneil drove road footpath – Carneil Farm to Dunfermline-Alloa cycle path
- Carnock-Gowkhal footpath – burn side

These will improve safety for those walking and cycling between the villages

Carnock Recreation field

- Drainage & levelling
- Zoning: Football field; running track; designated dog exercise areas

Carnock Primary School projects

- Millennium Pod site renovation
- Eco-Garden Project
CPS ownership – annual maintenance

What's on in the Community Centre...

TODDLERS

Carnock & District Toddler Group runs on a Thursday 9.30-11.30 £2.00 per adult and child; 50p thereafter for each child. For further information please contact Melanie Moon on 01383 851202

Rainbows now have spaces available for ages 5 -7
Contact Carol McDonald on 731246



Ashtanga Yoga for Beginners

Get fit for the summer
Improve strength, flexibility & overall well-being

New classes start Monday 7 June
in Carnock Community Centre
from 7pm - 8.15pm

Suitable for those with yoga experience
or fit beginners.

For further info call Anna on 01383 851468 or just turn up.

Class costs £7 per session.
Please bring a mat and a blanket for relaxation

FIFE LEADS THE WAY FOR COMMUNITY SPORT IN SCOTLAND

Fife Council and the Royal Yachting Association Scotland are proud to be delivering the new project, 'Sail2Walk', one of the key events during Celebrating Fife 2010. The event is aimed at providing families of all ages an opportunity to try a new sport and activity in their local area.

Sailing clubs and the 'Bums Off Seats' project are running a programme of taster sessions in sailing boats of all sizes, and in powerboats, either preceded by or followed by a led walk using the Fife Coastal Path. This gives families and individuals the chance to try both of these activities, and learn more about how to continue in the sports in the longer term.

Carnock Primary School

The Summer term at Carnock Primary School is well underway and as usual is very busy and exciting.

We had a super start to the term by the visit from **The Pipers Trail** a community engagement project run by the army in Scotland. The army officers performed to the whole school and then the Primary 4-7 had the opportunity to take part in a workshop introducing them to playing the drums and bagpipes.

One of our school aims is to provide all children with experiences which promote their social, physical, mental and emotional health and wellbeing.

Throughout this term there are a range of opportunities for children to do just that. So far this term the Primary 4-7 children have been involved in a number of football tournaments, some of which have been led by the Scottish Football Association, who are also promoting the participation in football activities by as many children as possible. Primary 6 and 7 have also had the chance to participate in hockey tournaments and 100mx4 relay events.

Our health and wellbeing focus culminates this term during week beginning the 14th June when we have our annual **Health Week**. We have some really exciting activities planned for the staff, children and their families, including a '**Big Breakfast**' event involving the whole school having breakfast together to promote the importance of

this meal. We will also have specialists in school providing taster sessions in yoga, Cheer dance, basketball and tennis. There will be opportunities for children to work with their 'Buddies' from other classes to enhance positive relationships amongst the children across the school.

Sports Day takes place on Wednesday 16th June and parents are welcome to come along to the park to watch the children in their races - fingers crossed the weather stays dry!

We have recently applied for our **Green Flag Award** for being an Eco-friendly school. We are awaiting a visit from Eco-Schools Scotland to confirm this and award us our flag which we hope to fly in our new Community Eco-Garden. Thanks to all those who recently supported us in our **Spring Clean-Up** event which involved clearing litter from key areas of the village.

Work on the Community Eco-Garden is due to commence during the Summer Holidays, after the removal of the Medway Hut. However, planting will not commence until after the children have returned to school so that they can be involved in the development of the areas of the garden. We will be contacting community groups, High School pupils, parents and other members of the community to get everyone involved in the creation of the garden in the next few weeks. We are planning for a grand opening of the garden in late September.

This project has been successful in bringing together 9 of the sailing clubs in Fife, looking at the resources they need to run activities, deliver volunteer training and access equipment, as well as linking into 'Bums Off Seats' and the Fife Council Sports Development Team. The event has been made possible with the support received from RYA Scotland and funding received from 'Celebrating Fife 2010'. Some of the clubs are using yachts, other dinghies, and one is using powerboats in addition to dinghies to deliver their activities. You do need to be prepared to get wet, so bring a change of clothing, and a towel and a change of footwear, and everything else will be provided that you may need.

The first event was on 16th May, at Largo Bay Sailing Club, Lower Largo, and will

be closely followed by other events running throughout the summer. The clubs involved in the project include: Largo Bay SC, Dalgety Bay SC, Burntisland SC, Aburdour BC, Forth Cruising Club, Elie & Earlsferry SC, St Andrews SC, Kinghorn SC and Newburgh SC - so there really is somewhere close to you to take part!

For more information on the activities and to sign up, please go to www.sail2walk.org or text 80010 for more information to be sent to you - don't forget to text 'S2W' and then your postcode to 80010.

Mumbles and Grumbles

A chance for the editor (or anybody else for that matter) to sound off...

The village store, open for such a short time has closed its doors once more. It could not make enough to stay open despite considerable investment - a great shame

Celebrating Fife is giving us a unique opportunity to come together as a community - book a day out on the 19th June and make it work for us!

What's on around the villages..

May Fayre - 29th May 2pm Oakley Church

Chantals Dance Mania - 'Just Dance' at the Carnegie Hall 4th June 6.30 pm - tickets via Chantal 01383 742310 or box office.

Carnock Disco Thursday 17th June 3.30 - 5 £1.20

RAMJAM - Carnock Community Field Sat 19th June 2pm

Gala Day - 21st August

I am very pleased to see the great interest that the revitalised Community Council and other organisations have taken in issues and projects in Carnock and Gowkhill. Although progress can sometimes seem frustratingly slow, it is good to see the number of improvements now achieved throughout the two villages from road and footpath improvements to work in the old cemetery!

Various committee members and community activists are doing a huge amount of work, often behind the scenes, and should be

commended for all their efforts and successes. I would encourage everyone to get involved in at least one matter, however small, as all contributions to various campaigns etc can add up to real success. It is so much more positive than carping from the sidelines!

As your local councillor, I shall continue to support the villages, especially when community initiatives are perhaps meeting "blockages" within Fife Council. Meanwhile best wishes in pursuing all your issues and projects and let's hope that we can now have a

good summer to enjoy the various community events etc that are now planned.



Policing - Fife Constabulary is committed to allowing residents to directly influence local policing. We can have our say on local priorities by going to the newly instigated community engagement meetings in our area - see details below. A member of CG&CC will attend, nevertheless all residents are welcome to attend any of the meetings at Oakley Community Centre. For further information go to:

Southwestfifecommunityteam@fife.pnn.police.uk

If you believe that there are issues to be raised you are encouraged to attend in person or speak to a member of the C&GCC.

Residents should be aware that there have been a number of crimes committed within the villages lately including theft from unlocked garages and car theft / attempted theft. Take care of your property!

For all **non-emergency** contact with Fife constabulary, please call:

0845 600 5702

For all **emergencies** dial: **999**



Volunteers are still needed to take over the care of village flower tubs (funded by the CGCC) - do you have one near you that you could pamper - please contact Peter or Clare Kerr on 853505

Alan Huey also needs helpers to put up hanging baskets around the villages Tel Alan on 01383 853136

For all of your landscaping needs

Peter Kerr Landscaping

Carnock

Tel 01383 853505

Mob 07977 239230

Johnstone Roofing & Building
Free Quotes, Slating, Tiling, UPVC

All roofing work undertaken

Queen's Haugh, Carnock

Mobile: 07717 442907

Tel: 01383 853145

Gina Struthers

Childminding Service, Spaces Available

Mobile: 07515 419411

Tel: 01383 851041

childcare@gstruthers.com

Carnock Community Trust: Into the Future – What happened to the 26 April meeting?

The Management Committee of the Carnock Community Trust recently asked Carnock & Gowkhal Community Council to assist them in finding a new committee to run Carnock Community Centre. To do this, they intended bringing local residents together at this April meeting.

However, when, close to the event, C&GCC found that various aspects of the current Trust's operation were rather limiting they cancelled the meeting. On seeking further guidance from Fife Council, they found that it would have been incorrect to ask residents to join something that needed some initial restructuring and updating.

However, the intention is to call a public meeting of local residents again, shortly. C&GCC officers along with representatives from the Gala Committee and other community groups first need to consult further with Fife Council and their legal advisors before moving towards an improved Trust structure: one that is more appropriate to present needs and future development of community charitable activities.

The present CC Trust operates under the terms of its Constitution and Trust Deed, both dating from 2003. Whilst these documents were adequate for the original task of establishing the Carnock Community Leisure Centre, they are no longer suitable for its longer-term maintenance and devel-

opment. There is no provision for funding certain necessary improvements and structural maintenance of the Centre in the longer term. Nor is there any remit for other community projects.

There ought to be four Trustees responsible for overall guidance of Trust, and to see it is meeting its objectives. They have not met for some time and their duties are somewhat unclear.

The business of the Trust currently falls to a three-person management committee [who intend standing down]: a convenor; a secretary; a treasurer. They currently ensure that the Trust meets its annual OSCR review criteria; that bills are paid and accounts kept; and a minimum of day-to-day corrective maintenance is carried out.

Carnock & Gowkhal Community Council, in attempting to help the Trust establish a new, more active management committee, identified the need for an improved set of objectives, and a *structure more suited to today and the future ... Whatever happens, both the constitution and trust deeds need improving and updating.*

They do not allow for other community projects and activities to support these activities. It is hoped that with a revitalised managements committee, Carnock Community Trust – or its successor – along with more help from residents of both Carnock and Gowkhal, and with the support of C&G Community Council, could undertake a wider range of community

projects, and carry these out more effectively, than at present.

However, more projects require better access to more funds and matched grants.

New objectives would be more relevant for today's needs, and for the future: a change of name would reflect the fact that the Centre – and Trust – are there to serve both Carnock and Gowkhal.

These changes would help bring both village communities closer together in their common interests.

However, some members of C&GCC – together with those who *might* take on trusteeship and management responsibility if these constitutional changes were made – believe that this is an opportunity for our two communities of Carnock & Gowkhal to think a little more ambitiously.

It is an opportunity to modify our community objectives and widen the Trust's aims.

What if we could find a way to improve the funding of not just improvements and maintenance of the Centre, but if we could also help co-ordinate other community-led projects via the Trust?

Some of the funding for these would come from an expanded range of events – held in the improved venues – the Centre – the play park – the recreation field. This improved funding flow would also attract matched funding from a wider range of grant-giving bodies.

David A Lord - Chairman C&GCC

A907 road improvements continue

Well – Finally, we have a new surface for Main Street, Carnock.

At the same time as laying this, Fife Council Transportation Services took the opportunity to slightly modify the white-lining alongside part of the narrow pavement at the western end. They hope that this will somewhat improve safety for pedestrians.

Let Fife Council know what you think. However, C&GCC and Carnock Primary School PTC continue to pressure them for a structural widening of the pavement. This will not happen in 2010-11 fiscal year, but may be put on the capital spending plans for the following on – government cuts permitting, of course.

Aqua bathrooms and Kitchens

Tel Zac Noble

07984618094

01383 735527

In order to cover the costs of producing this newsletter small ads are now being accepted - just £10 per listing. Please contact the editor for more information.

We are still searching for a permanent title.

If you have a great name for your local paper get in touch with the editor (yes - I know that I'm probably asking for trouble - but remember - I live next door to a policeman!)

Fancy a night out? Nobody to look after the children?

Help is on hand. Give Ellen a call on 01383 851468 for a trustworthy service and reasonable rates.

References available



Editor: Les Johns Lupin Cottage 1 Camps

Road Carnock lesinthesun@yahoo.co.uk

GALA DAY

CARNOCK AND GOWKHALL



WILL BE HELD THIS YEAR ON SATURDAY 21ST AUGUST

THE THEME: FAMOUS PEOPLE

PARADE STARTS 12.30 AT BURNBANK



CROWNING CEREMONY AND ALL EVENTS AT COMMUNITY CENTRE

The Gala Committee would like to give a huge thank-you to everyone in the community who made a donation via our door-to-door collection. We raised a fantastic £1, 045.71; this is the largest amount we have ever collected, and will help us meet the cost of our annual event. The Gala will be on Saturday 21st August so come along and enjoy the day. We hope to see lots of ‘famous people’ there (adults as well as kids!)

Each year we strive to make the Gala bigger and better.

This year we have:

Gala Royal Party

Prize for best float

Prizes for childrens fancy dress competition

Dunfermline Town Band

Dundee Sea Cadets Band

Elite Falconry birds in flight display

(plus photo opportunities with the birds

so don't forget your camera)

Climbing Wall

Inflatables

More stalls than ever before

Races

Hot food/Refreshments/Goodie bags

So come along and have a fantastic day, everyone is welcome!!!

The Committee would be grateful for any donations to the always popular bottle stall. We will collect door-to-door a week before the Gala so if you have any unwanted bottles of for example wine, beer, spirits, bubblebath or even if you only have tins, all would be gratefully received.

For further information check out our website:

www.carnockgowkhallgala.mfbiz.com .

THE TWO FIVERS



KARRY ON KARAOKE

Friday 4th June

Starts @ 9pm

